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Mystified About Menopause? Want to Talk About It?

“Menopause Dialogues” Call-in Radio Series Providing Women a Forum to Ask the Questions They Were Afraid to Ask

Have you had a hot flash at work? Has surgical menopause brought too many changes too quickly? Do night sweats keep you up at night? You're not alone. You're not crazy. You're in menopause.

With the first wave of Baby Boomers already experiencing menopausal symptoms and another 20 million women expected to reach menopause in the next decade, the need for open dialogue about menopause and how it can affect all aspects of a woman's life is even more important.

So, where can women turn to get the information they need? While women should always talk to a healthcare professional about their specific symptoms, “Menopause Dialogues” is a series of radio call-in shows, airing in cities across the country, designed specifically to provide women in various stages of menopause with a forum to ask questions and get answers.

The show “Are You a Red Hot Mama,” part of the “Menopause Dialogues” series, will be taped on Sunday, May 20, 2007, from 5:00 to 6:00 p.m. Listeners in Tampa can be part of the taping and have the opportunity for open dialogue with experts and healthcare professionals about menopause and surgical menopause by calling (800) 589-4298 between 5:00 and 6:00 p.m. The show taped on May 20 will air on WWBA-AM, on Sunday, May 27, 2007, from 6:00 to 7:00 p.m.

“Menopause can be confusing, and women need advice in language they can relate to,” says David Portman, MD, Director and Principal Investigator at the Columbus Center for Women's Health Research in Columbus, Ohio and guest on the show. “The ‘Menopause Dialogues’ radio series gives women, and their families, an opportunity to get the information they want and the answers they need. Listeners should feel comfortable to call in and be candid; and they will see that they are not alone.”

Listeners can tune in to hear host Nellie O'Brien moderate the dialogue as callers discuss menopause with Dr. Portman and Karen Giblin, President of the Red Hot Mamas. The experts will be available to provide women with a better understanding of menopause, its symptoms and its effect on their lives and the lives of those around them. Learn about what to expect from menopause, from the physical to the emotional, as well as treatment options and support tools available to them. Listeners with questions can participate in the show taping and speak with the experts by calling (800) 589-4298, from 5:00 to 6:00 p.m. on Sunday, May 20, 2007.

The “Menopause Dialogues” are sponsored by Duramed Pharmaceuticals.

About Menopause

Menopause is the time in a woman's life when the menstrual period ceases and the ovaries permanently stop releasing eggs. Menopause is considered complete when a woman has been without her period for a full year. While some women experience no menopausal symptoms, others suffer severe symptoms that require treatment. Vasomotor symptoms (night sweats, hot flashes, and vaginal dryness) are the most common menopausal symptoms. Although the majority of women experience "natural" or spontaneous menopause, some women may experience menopause due to a medical intervention such as surgery, chemotherapy or radiation.

For more information, you can visit www.copewithmenopause.com, www.redhotmamas.org and/or www.menopause.org.

About Duramed Pharmaceuticals, Inc.

Duramed Pharmaceuticals, Inc. (a subsidiary of Barr Pharmaceuticals, Inc.) currently markets a portfolio of 17 proprietary products, largely focused in the area of women's health. Barr Pharmaceuticals, Inc. is also the leading manufacturer and marketer of oral contraceptives in the United States with a portfolio that includes 22 generic and five proprietary (branded) oral contraceptive products.

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